



# WEXFORD RAPE CRISIS ANNUAL REPORT 2025

**Wexford**  
Rape  
**Crisis** | Services for  
Domestic, Sexual  
and Gender-based  
Violence **Est. 1995**

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## CHAIRPERSON'S FOREWORD

### **Seán Mernagh, Chairperson of the Board of Directors**

I am pleased to present the Chairperson's Report for 2025.

Throughout the year, Wexford Rape Crisis (WEXRC) continued to deliver essential counselling and support services to individuals affected by domestic, sexual and gender-based violence (DSGBV). Demand for our services increased significantly; however, through the commitment and professionalism of our staff, led by our CEO, we responded effectively while maintaining high-quality, accessible services.



I would like to sincerely acknowledge the dedication of our staff and volunteers, whose work remains central to our mission.

In 2025, we marked an important transition at Board level, with the retirement of Kate O'Donnell, Moira Slevin, and Laura Lawlor. I extend my sincere thanks for their valuable contribution and governance over many years. I would like to pay particular tribute to Laura Lawlor, who served as Chairperson for four years and guided the organisation through a period of significant growth with professionalism and unwavering commitment.

We are delighted to welcome new Board members - Annette O'Neill, Noeleen Finucane, Miriam Wilson, Anne Redmond, Dr. Niall Gormley, and Dr. Sandhya Babu - whose expertise will strengthen governance and strategic oversight.

We greatly value our partnerships with Wexford Women's Refuge, An Garda Síochána, and Tusla, and we look forward to continuing these important collaborations. We also acknowledge the establishment of Cuan, the national DSGBV agency, and appreciate their support and engagement throughout the year.

Finally, I extend sincere thanks to our funders, community supporters, staff, volunteers, and all stakeholders. Your support enables us to continue and expand our vital work across County Wexford.



### **Clare Williams, Chief Executive Officer**

The 2025 reporting period was defined by a strong focus on enhancing clinical responsiveness and operational capacity. As demand for specialist DSGBV services continued to grow, WEXRC responded through strategic recruitment, service expansion, and strengthened inter-agency collaboration. Our work was supported by Cuan, the National DSGBV Agency, whose partnership has been instrumental in aligning local service delivery with national strategy.



A key priority in 2025 was improving access to counselling. The recruitment of a second Clinical Support Worker enabled the development of a dedicated Intake and Assessment Team, ensuring timely engagement with clients and ongoing risk monitoring while individuals await longer-term therapy. We expanded evening counselling hours to improve accessibility and delivered a second Compassion-Focused Therapy group, providing an alternative, evidence-based intervention. Staff also undertook specialised training in EMDR (Eye Movement Desensitization and Reprocessing), further strengthening our trauma-informed approach.

The introduction of a new database system has enhanced data collection, enabling more informed, evidence-based service planning.

Our Garda Clinic completed its first full year, expanding from monthly to twice monthly due to demand. This service continues to provide a safe and supportive environment for clients engaging with legal processes.

I would like to express my sincere gratitude to our staff team. Their professionalism, compassion, and resilience are central to the impact of our work.

We also acknowledge the contribution of outgoing Board members and warmly welcome our new Chairperson, Seán Mernagh. As we move into 2026, our focus remains clear: to deliver responsive, high-quality services that support recovery and uphold the dignity of every survivor.



## REFERENCE AND ADMINISTRATIVE DETAILS

**Charity Name:** Wexford Rape and Sexual Abuse Support Services

**Charity Number:** 12420

**Address:** The Rocks, Maudlintown, Wexford, Co. Wexford, Y35 NF8A

**CEO:**

Clare Williams

**Board of Directors:**

Chairperson: Sean Mernagh

Vice Chairperson: Rob O' Callaghan

Secretary: Annette O' Neill

Director: Joan Roche

Director: Niall Gormley

Director: Noeleen Finucane

Director: Miriam Wilson

Director: Anne Redmond

Director: Sandhya Babu

**Staff team:**

Clare Williams: CEO

Emma Dempsey: Clinical Team Leader

Kathleen Atkinson: Finance

Joanne O' Leary: Administration

Catherine Murphy: Adult Counsellor

Jessica Du Bois: Adult Counsellor

Bernadete Lacey: Adult Counsellor

Ciara Murray: Adult Counsellor

Sarah Farrell: Adult Counsellor

Fiona Clancy: Adolescent and Adult Counsellor

Claudia Blaess: Adolescent and Adult Counsellor

Lorraine Horrell: Adolescent and Adult Counsellor

Kit Kenny: Adolescent and Adult Counsellor

Billie-Jean Byrne: Adolescent and Adult Counsellor

Ailbhe O'Neill: Adolescent and Adult Counsellor

Sandra Mundow: Adolescent and Adult Counsellor

Alice Long: Adult and Adolescent Counsellor

Pauline Lawlor: Clinical Support Worker

Clíodhna Cotter: Clinical Support Worker

Ruth Lambert: Adult Counsellor

Niamh Fleming: Adult Counsellor

Kevin Sludds: Adult Counsellor

**Volunteers:**

Freda Quinn: On Site Volunteer

Claire Walsh: On Site Volunteer

Shirley Cowan: On Site Volunteer

Yvonne Connolly: On Site Volunteer

Moayyad Alkhaled: On Site Volunteer

Laura Rundell: On Site Volunteer

Sithandazuke Mpofu: On Site Volunteer

Patricia Howlin: On Site Volunteer

**Risk and Audit Committee**

**Volunteers:**

John Cuddihy

Lorene Crowley

Sean Mernagh

Annette O' Neill

**Auditors:**

BJ Doyle Accountants, Wexford

**Solicitors:**

Helen Doyle Solicitors, Wexford

## SECTION 1: OBJECTIVES AND ACTIVITIES

### **Vision**

Wexford Rape Crisis envisions a society free from domestic, sexual and gender-based violence (DSGBV).

### **Mission**

Wexford Rape Crisis's mission is to provide trauma informed, client centred counselling and therapeutic support for anyone (aged 12 years and upwards) who has been affected by domestic, sexual or gender-based violence.

### **Core Values**

Wexford Rape Crisis operates on a human rights-based approach, recognising that all forms of DSGBV are unacceptable. Our services are grounded in empathy, respect, and a commitment to non-judgemental, trauma-informed care.

### **ACTIVITIES AND SERVICES**

Wexford Rape Crisis' core services include:

- Adult counselling
- Adolescent counselling
- Parental and supporter counselling
- Short-term and stabilisation supports
- Garda Clinic
- Group therapy programmes

These services aim to support recovery, improve wellbeing, and empower individuals to make informed choices.

### **VOLUNTEERS**

Volunteers remain central to the organisation's work, contributing across governance, frontline support, and fundraising.

In 2025:

- 9 Board of Director Members
- 4 Audit & Risk Committee Members
- 9 Frontline Volunteers
- 10 Fundraising Committee Members
- 100 Volunteers Supporting Fundraising Events

Volunteers contributed approximately 2,000 hours of service.

### **AIMS & OBJECTIVES FOR 2025**

Aims and objectives for the reporting period and performance:

In 2025, Wexford Rape Crisis set out to:

- Increase counselling capacity and reduce waiting lists
- Enhance early intervention through intake and stabilisation supports
- Expand accessibility of services across the county
- Strengthen inter-agency collaboration

Performance is measured through:

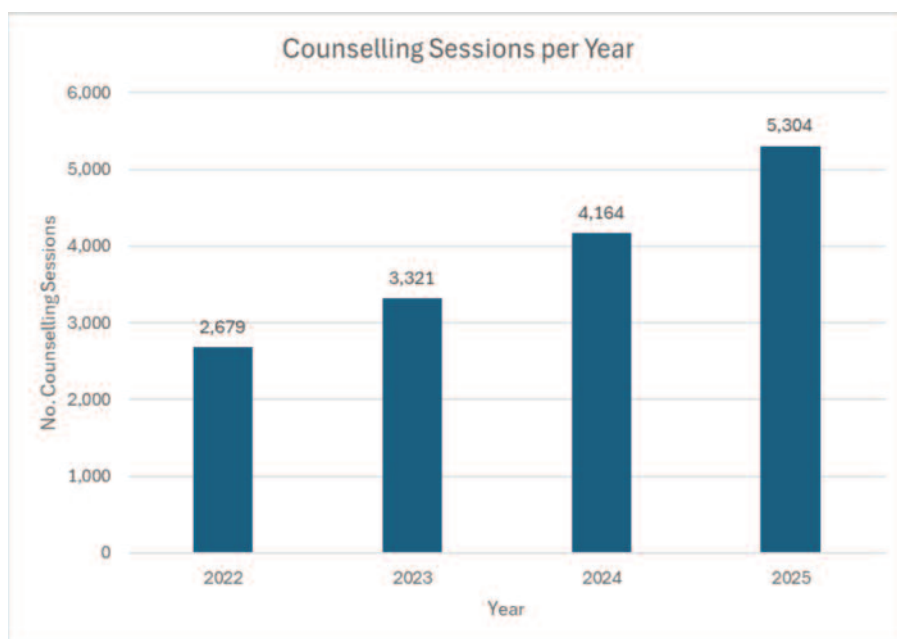
- Clinical outcome tools (DASS, ITQ, Self-Compassion Scale)
- Service activity data (clients, sessions, waiting lists)
- Client feedback

The organisation performed strongly against these objectives. Counselling capacity increased through recruitment of an additional Clinical Support Worker, the introduction of a dedicated Intake and Assessment Team improved responsiveness, and expanded evening services enhanced accessibility. Demand for services continued to exceed capacity, demonstrating both increased need and growing trust in the organisation.



**Short-term and long-term aims and how they align:**

Wexford Rape Crisis’ short-term objectives focus on delivering timely, high-quality counselling and support services to individuals affected by domestic, sexual and gender-based violence. This includes reducing waiting times, increasing counselling capacity, and improving accessibility across County Wexford. As shown in the graph below, Wexford Rape Crisis has responded to the increasing demand for the service with an increase in resources and a steady expansion of the counselling service, via both recruiting more counsellors and increasing the provision of the counselling service.



These short-term objectives contribute directly to the organisation's long-term aims of ensuring sustained recovery for survivors, improving mental health outcomes, and contributing to a societal environment where domestic, sexual and gender-based violence is actively challenged and reduced. Through consistent service development and strategic planning, the organisation works towards its vision of a society free from domestic, sexual and gender-based violence

## WHAT CHANGES THE CHARITY SEEKS TO MAKE

### Intended outcomes and changes:

Wexford Rape Crisis seeks to support individuals in recovering from trauma, improving emotional wellbeing, and rebuilding confidence and autonomy. At a broader level, the organisation aims to contribute to increased awareness of domestic, sexual and gender-based violence, and foster a societal culture where such violence is not tolerated.

### Strategies for achieving objectives:

The organisation delivers its aims through:

- Provision of trauma-informed counselling services
- Continuous development of clinical staff and therapeutic approaches
- Data-driven service planning and evaluation
- Strong collaboration with statutory and community partners
- Ongoing awareness-raising



## SECTION 2: ACHIEVEMENTS AND PERFORMANCE

Wexford Rape Crisis Centre has made a significant and measurable difference to the lives of individuals impacted by domestic, sexual and gender-based violence across County Wexford.

Through the provision of confidential, professional counselling services, beneficiaries experience improved mental health, reduced trauma symptoms, and increased emotional stability. Clients are supported to process their experiences in a safe and non-judgmental environment, enabling them to rebuild confidence, regain a sense of control, and move forward with their lives.

Our on-site Garda clinic ensures that survivors are not alone when engaging with an Garda Siochana. This reduces re-traumatisation, increases understanding of processes, and empowers individuals to participate more fully in seeking justice and care.

The expansion of services across multiple locations in the county has improved accessibility, reduced geographic barriers and ensuring that more individuals can access support within their own communities. The introduction and planned expansion of adolescent counselling services addressed a critical gap, providing early intervention for young people and reducing the long-term impact of trauma. This is evident in the expansion of the adolescent service in Gorey with an adolescent counsellor employed for an additional day per week in 2025 offering further client availability.

Demand for services continues to increase, reflecting both the scale of need and growing trust in the organisation. With approximately 400 active clients and ongoing waiting lists, WEXRC plays a vital role in meeting a critical social need within the region.

Feedback from beneficiaries consistently highlights increased feelings of safety, being heard and believed, and improved ability to cope with daily life. Many clients report that access to timely counselling has been life-changing.

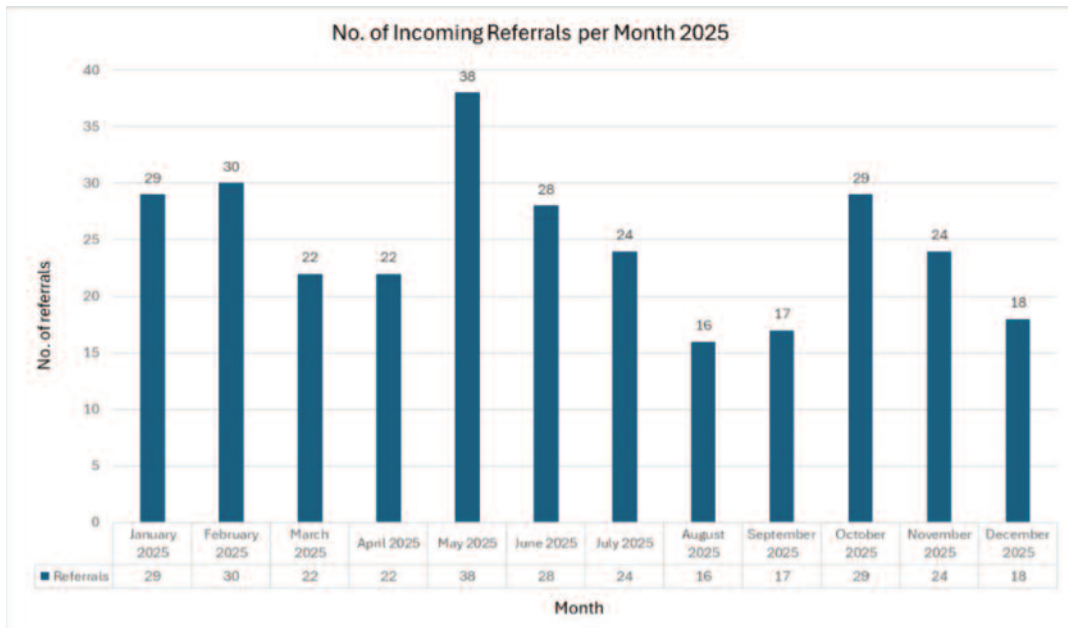
A testimonial from a client:

*"I don't have enough words to express how I feel about the service you provide. I admire all of you who work in this area, it can't be easy and my experience in dealing with the service has been life-saving. You have my eternal gratitude and admiration."*

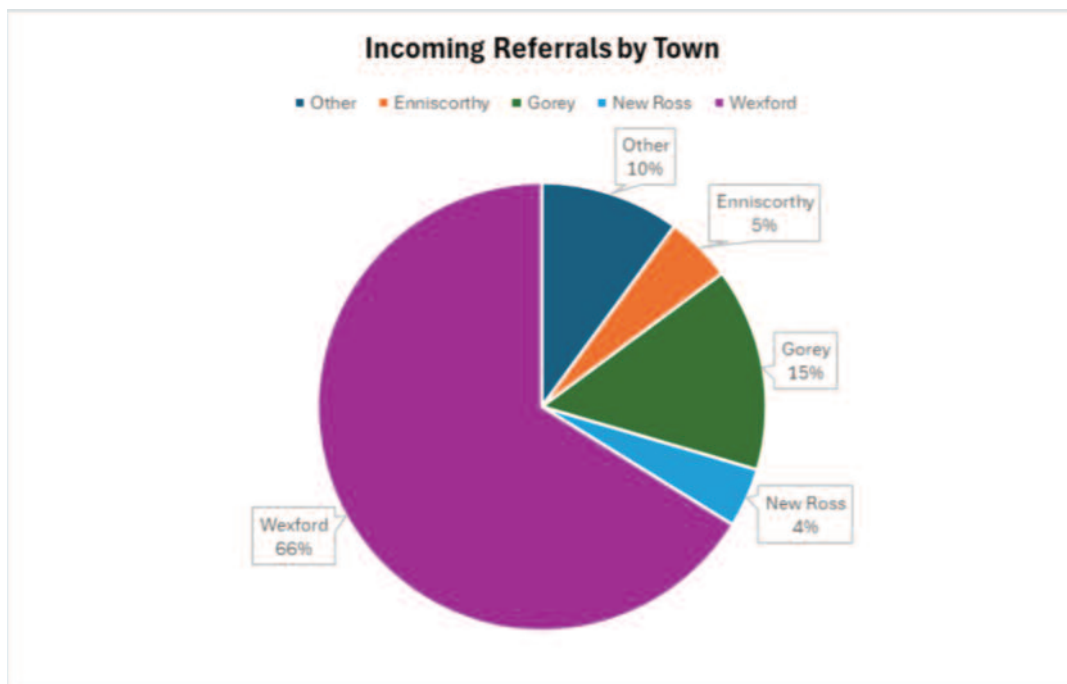
Overall, WEXRC enables survivors not only to access support, but to begin recovery, restore dignity, and rebuild their lives.



## Incoming Referrals per Month 2025



## Referrals From Towns in Co. Wexford



### How WEXRC activities contribute to aims:

The activities undertaken by Wexford Rape Crisis directly support its stated aims. The adult and adolescent counselling services result in measurable outputs such as the number of clients supported and sessions delivered, which in turn lead to outcomes including improved mental health, reduced trauma symptoms, and increased client stability.

Similarly, the Garda Clinic provides outputs in terms of client engagement with judicial processes, leading to outcomes such as increased confidence, reduced anxiety, and improved access to justice. These outcomes collectively contribute to the organisation's overall objective of supporting recovery and promoting long-term wellbeing.

The organisation made a significant impact by:

- Improving mental health and emotional stability
- Supporting trauma recovery
- Increasing client confidence and autonomy
- Providing safe engagement with legal processes

Clients consistently reported feeling heard, supported, and better able to cope with daily life.

**Service demand and delivery:**

- 297 new referrals received
- Approximately 400 active clients
- Services delivered across Wexford town, Enniscorthy, Gorey, and New Ross

Demand continues to exceed capacity, highlighting both the need and trust in the service.

**Performance Table**

Client Type	Child Sexual Abuse	Sexual Violence	Domestic Violence	Total Count
Adolescent	16	11	8	37
Adult	61	65	97	235
Parental Support	3	1	2	7
General Supporter	2	1	0	4
Young Person	3	6	6	14
<b>Total</b>	<b>85</b>	<b>84</b>	<b>113</b>	<b>297</b>

**Overview of Performance in 2025**

Month	Intervention Type	Sum of Clients	Sum of Sessions
January	One to One Counselling/Stabilisation/Short-term	129	344
	Intake & Assessments	20	22
<b>Subtotal</b>		<b>145</b>	<b>366</b>
February	One to One Counselling/Stabilisation/Short-term	133	371
	Garda Clinic	1	1
	Intake & Assessments	25	25
<b>Subtotal</b>		<b>152</b>	<b>397</b>
March	One to One Counselling/Stabilisation/Short-term	131	358
	Garda Clinic	1	1
	Intake & Assessments	16	17
<b>Subtotal</b>		<b>147</b>	<b>376</b>

## Overview of Performance in 2025

Month	Intervention Type	Sum of Clients	Sum of Sessions
April	One to One Counselling/Stabilisation/Short-term	146	463
	Garda Clinic	2	3
	Intake & Assessments	21	23
<b>Subtotal</b>		<b>160</b>	<b>489</b>
May	One to One Counselling/Stabilisation/Short-term	150	494
	Garda Clinic	3	3
	Intake & Assessments	21	29
<b>Subtotal</b>		<b>170</b>	<b>526</b>
June	One to One Counselling/Stabilisation/Short-term	145	434
	External Garda Accompaniment	1	1
	Garda Clinic	4	4
	Intake & Assessments	25	32
<b>Subtotal</b>		<b>168</b>	<b>471</b>
July	One to One Counselling/Stabilisation/Short-term	147	492
	Garda Clinic	7	7
	Intake & Assessments	34	39
<b>Subtotal</b>		<b>172</b>	<b>538</b>
August	One to One Counselling/Stabilisation/Short-term	140	35
	Intake & Assessments	18	18
<b>Subtotal</b>		<b>154</b>	<b>384</b>
September	One to One Counselling/Stabilisation/Short-term	146	475
	Garda Clinic	4	4
	Intake & Assessments	27	32
<b>Subtotal</b>		<b>161</b>	<b>511</b>
October	One to One Counselling/Stabilisation/Short-term	129	410
	Garda Clinic	7	8
	Intake & Assessments	26	29
<b>Subtotal</b>		<b>150</b>	<b>447</b>

## Overview of Performance in 2025

Month	Intervention Type	Sum of Clients	Sum of Sessions
November	One to One Counselling/Stabilisation/Short-term	135	415
	Garda Clinic	2	2
	Intake & Assessments	30	32
<b>Subtotal</b>		<b>161</b>	<b>449</b>
December	One to One Counselling/Stabilisation/Short-term	126	322
	Garda Clinic	5	5
	Intake & Assessments	19	23
<b>Subtotal</b>		<b>144</b>	<b>350</b>
<b>Total</b>		<b>394</b>	<b>5304</b>

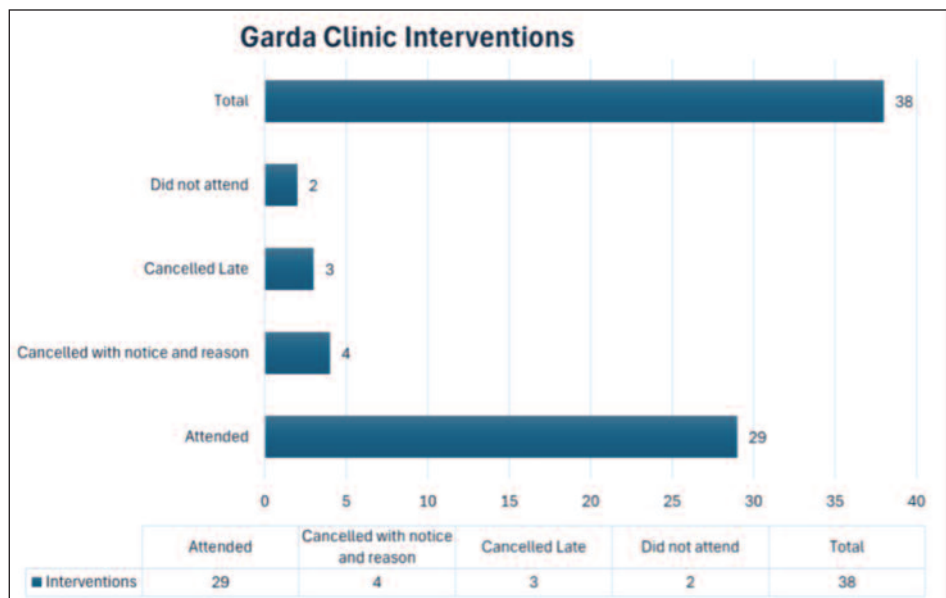
In 2025, WEXRC supported **394 clients** and delivered **5,304 counselling sessions**.

### Key Operational Developments

- Expansion of clinical team with an additional Clinical Support Worker recruited
- Introduction of Intake & Assessment Team
- Increased evening counselling availability
- Expansion of Garda Clinic
- Implementation of new data system
- Delivery of Compassion-Focused Therapy group

### Garda Clinic

The Garda Clinic completed its first full year in 2025 and expanded from one clinic per month to two clinics per month in the third quarter due to an increased demand. It provides clients with accessible, confidential support when engaging with legal processes, reducing anxiety and improving understanding of the legal and judicial process. WEXRC would like to thank Garda Denise Kane for her on-going support at WEXRC's onsite Garda Clinic.



## Group Therapy Outcomes

Participants in the Compassion-Focused Therapy programme showed measurable improvements in self-compassion and reported positive experiences, including increased resilience and reduced self-criticism.

### Participant Testimonials

*"I have learned so much about how our brains work and have learned so much about myself."*

*"It was great to find a safe space and the friendships and to learn to be more compassionate towards myself."*

*"I am grateful for the last 12 weeks and sad that it is ending."*

*"I found it helpful to meet other people who have been through similar trauma."*

*"It's been amazing to see the growth everyone has had so far."*

## Positive & negative factors affecting performance

### Factors influencing performance and future plans:

The organisation benefited from strong staff commitment, effective governance, and continued support from funders and community stakeholders. The introduction of additional clinical resources and improved systems also positively impacted service delivery.

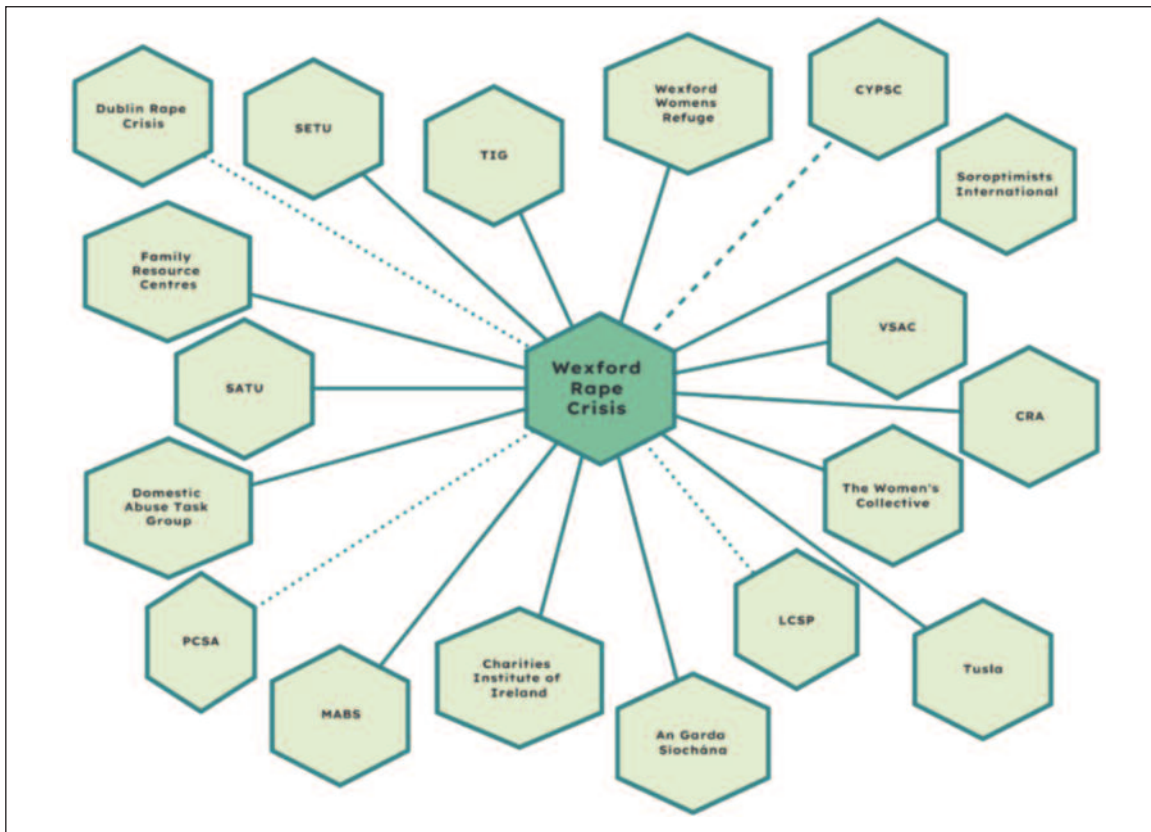
However, increasing demand for services and ongoing waiting lists presented challenges.

These factors will inform future planning, with a continued focus on service expansion, workforce development, and strengthening funding streams to ensure long-term sustainability.



## Inter–Agency Collaboration

Wexford Rape Crisis is a member of the Forum of Rape Crisis's. The most notable inter-agency collaborations are as follows:



- CYPSC (Children and Young People's Services Committee)
- TIG (Traveler Interagency Group)
- Domestic Abuse Task Group
- SETU (South- East Technological University)
- Dublin Rape Crisis
- SATU (Sexual Assault Treatment Unit)
- VSAC (Victims Support at Court)
- LCSP (Local Community Safety Partnership)
- PCSA (Policing and Community Safety Authority)
- FRC (Family Resource Centres)
- MABS (Money and Budgeting Service)
- CII (Members of Charities Institute of Ireland)
- CRA (the Charities Regulatory Authority)
- The Women's Collective
- SI (the Soroptimists International)
- WWR (Wexford Women's Refuge)
- An Garda Síochána
- Tusla Child and Family Agency
- HSE Adult Mental Health Services
- The Wheel

**ACCOUNTS**

**Wexford Rape and Sexual Abuse Support Services DAC**  
**Statement of Financial Activities**  
**Financial Year ended 31st December 2025**

	<b>2025</b>	<b>2024</b>
	<b>€</b>	<b>€</b>
<b>Income</b>		
Government Funding	668,504	622,557
SSJG Grant Scheme	53,050	0
Donations/ Fundraising	114,705	105,651
Restricted Donation	0	30,000
	<u>836,259</u>	<u>758,208</u>
<b>Expenses</b>	849,346	696,673
	<u>(13,087)</u>	<u>61,535</u>
(Deficit)/Surplus		

We are reporting a deficit of (€13,087) in 2025 compared to a surplus of €61,535 in 2024.

Costs increased higher than Income in 2025 due to the recruitment of a 2nd Clinical support worker and additional counselling resources to meet the growing demand. We also implemented a new Database to meet reporting and governance requirements. Due to the demand for our services, we have significantly expanded our team, and not all our core roles are funded by the state. Each year WEXRC commences the year with a funding deficit and has a continuing reliance on donations and fundraising to ensure core roles (not funded by the state) can continue to provide essential services to those impacted by domestic, sexual and gender-based violence.

Wexford Rape Crisis is extremely grateful to all benefactors, donors and fundraisers for their on-going support.

### **Fundraising**

Wexford Rape Crisis supports fundraising events and initiatives throughout the year, organised by third parties. This enables WEXRC to raise essential funds and create awareness of the organisation, its mission and services. Wexford Rape Crisis had its annual bucket day collection in December 2025 with hundreds of volunteers from all over the county.

## Funder, Fundraising and Donor Acknowledgement and Gratitude

Wexford Rape Crisis (WEXRC) wishes to express its deepest gratitude to our core funders - primarily Cuan - the Domestic Sexual and Gender-Based Violence Agency in the Department of Justice, - and Tusla - The Child and Family Agency, for their continued support in enabling our vital counselling and support services.

We are also profoundly thankful to private benefactors for their support which enables us to pilot and develop new essential initiatives. These initiatives have been approved by our core funders and acknowledged as best practice within our sector.

WEXRC would also like to acknowledge the commitment of our local community, fundraisers and donors whose time and generosity directly reduced our waiting lists and provided crucial additional counselling hours for clients.



**CUAN**

An Ghníomhaireacht um Fhoréigean Baile,  
Gnéasach agus Inscnebhunaithe  
The Domestic, Sexual and  
Gender-Based Violence Agency

**TUSLA**

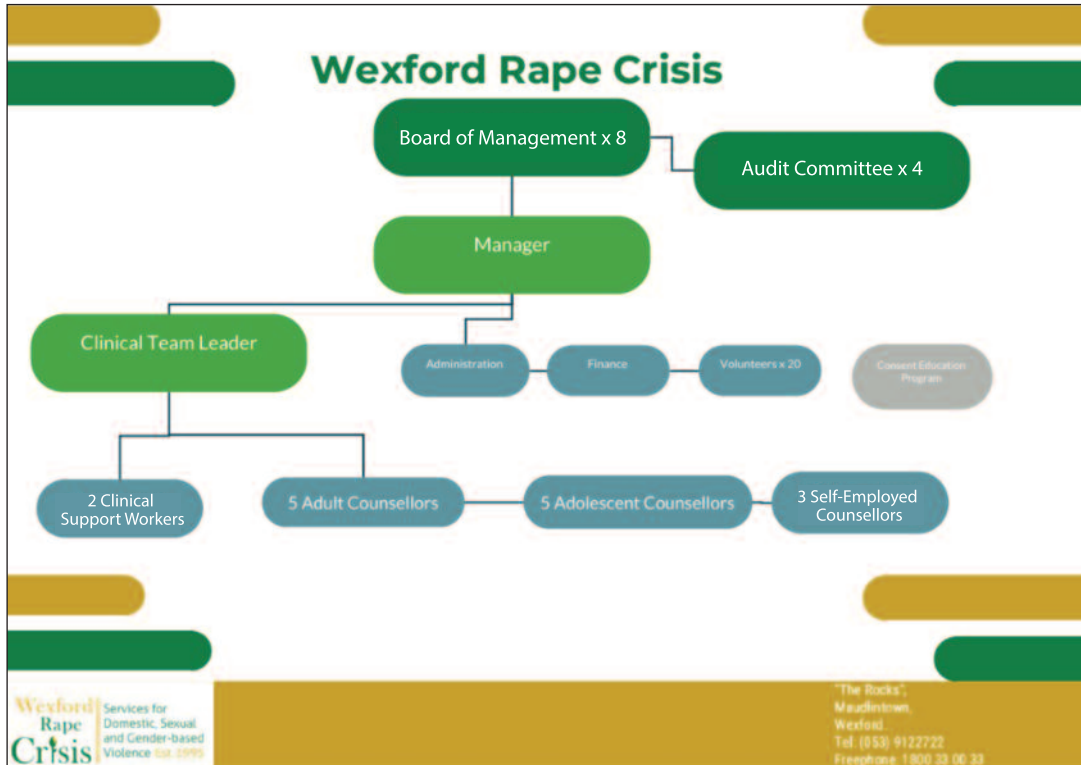
An Ghníomhaireacht um  
Leanaí agus an Teaghlach  
Child and Family Agency



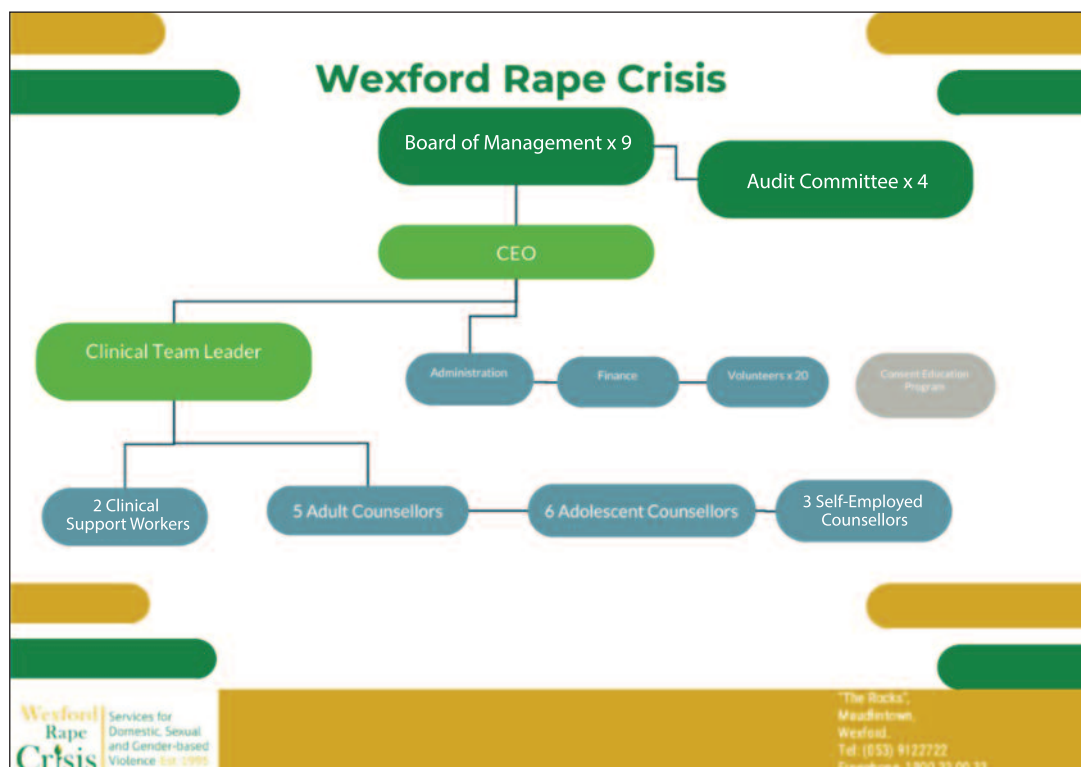
## SECTION 4: STRUCTURE, GOVERNANCE & MANAGEMENT

Wexford Rape Crisis is a Designated Activity Company operating under the name *Wexford Rape and Sexual Abuse Support Services*.

### Wexford Rape Crisis Organisational Chart 2025



### Wexford Rape Crisis Organisational Chart 2026



## **Governance**

The Board of Directors provides strategic oversight, governance, and financial control. Day-to-day operations are delegated to the CEO and front-line team.

## **Board Recruitment**

New Board of Directors are recruited through a skills-based approach, identifying gaps in expertise on the Board. Candidates are proposed and appointed in line with the organisation's governing document and are formally approved by the Board of Directors.

## **WEXRC's Board Induction & Training**

All new Board Members undergo an induction process which includes familiarisation with the organisation's mission, governance structures, policies, and regulatory obligations. Ongoing training is provided as required, particularly in areas such as governance, safeguarding, and financial oversight.

## **WEXRC's Audit and Risk Committee:**

Wexford Rape Crisis Centre Audit and Risk Committee in 2025 aimed to ensure strong governance, financial accountability, and effective risk management across all services. Its purpose was and continues to oversee internal controls, compliance, and safeguarding standards to protect clients and organisational integrity. Key outcomes included improved transparency, reduced operational risks, and enhanced trust in service delivery for survivors.

## **WEXRC's Decision-Making Structure**

The Board of Directors is responsible for strategic oversight, governance, and key decision-making, including financial management and organisational direction. Day-to-day operations are delegated to the Chief Executive Officer, Clare Williams, who is supported by the rest of the front-line team.

Professional advice is obtained where necessary from external auditors, legal advisors, and other relevant professionals to ensure compliance with regulatory and financial requirements.

## **Remuneration**

The organisation operates a transparent remuneration policy for senior management. Remuneration is reviewed by the Board to ensure alignment with organisational capacity.

## **Wexford Rape Crisis 30th Anniversary Celebrations:**

In June 2025, WEXRC marked the 30th anniversary of the organisation. In honour of the anniversary and also to fundraise for essential services, a special and voluntary fundraising committee was established. They organised a hugely successful Midsummer Lunch. Given the significant success of this event, it has been decided to host a similar event again in 2026.

WEXRC is hugely indebted to all the volunteers who helped fundraise for the charity in 2025.



## SECTION 5: SUSTAINABILITY

Wexford Rape Crisis is determined to operate as ethically and sustainably as possible as an organisation and has taken the following initiatives in aid of sustainability:

- Planted a pollinator - friendly outside garden to include fruiting trees, herbs, and flowering plants attractive to pollinators
- Paid attention to switching off all devices at the end of the day to conserve resources and use them wisely
- Installed and care for many indoor plants which help to purify the atmosphere within the building and create a more homely atmosphere for clients
- Paid attention to our printing habits, set all printer settings to print double-sided and in black and white as default and cutting down on our use of paper and need to print only when necessary
- Paid attention to only switching on lights when necessary and switching them off as appropriate during the day
- WEXRC is in the process of switching all cleaning substances to environmentally friendly and sourcing all paper needs from recycling plants
- Dry recycling bins were installed for paper/plastic/metal materials, as well as a composting bin in our canteen area, and our general waste bin is now the smallest in the building.

These initiatives support a sustainable and welcoming environment for clients and staff.

## GLOSSARY OF ABBREVIATIONS:

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WEXRC:	Wexford Rape Crisis Centre
Cuan:	Domestic Sexual & Gender-Based Violence Agency
DOJ:	Department of Justice
DSGBV:	Domestic, Sexual and Gender-based violence
EMDR:	Eye Movement Desensitization and Reprocessing
AGS:	An Garda Siochana
SATU:	Sexual Assault Treatment Unit
DASS:	Depression, Anxiety and Stress Scale
ITQ:	International Trauma Questionnaire
CYPSC:	Children and Young People's Services Committee
TIG:	Traveller Interagency Group
VSAC:	Victims Support at Court
CII:	Charities Institute of Ireland
CRA:	Charities Regulatory Authority
WWR:	Wexford Women's Refuge
LCSP:	Local Community Safety Partnership
SETU:	South East Technological University



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Tel: (053) 9122722